SAFER AT HOME: QUESTIONS TO CONSIDER BEFORE GOING OUT

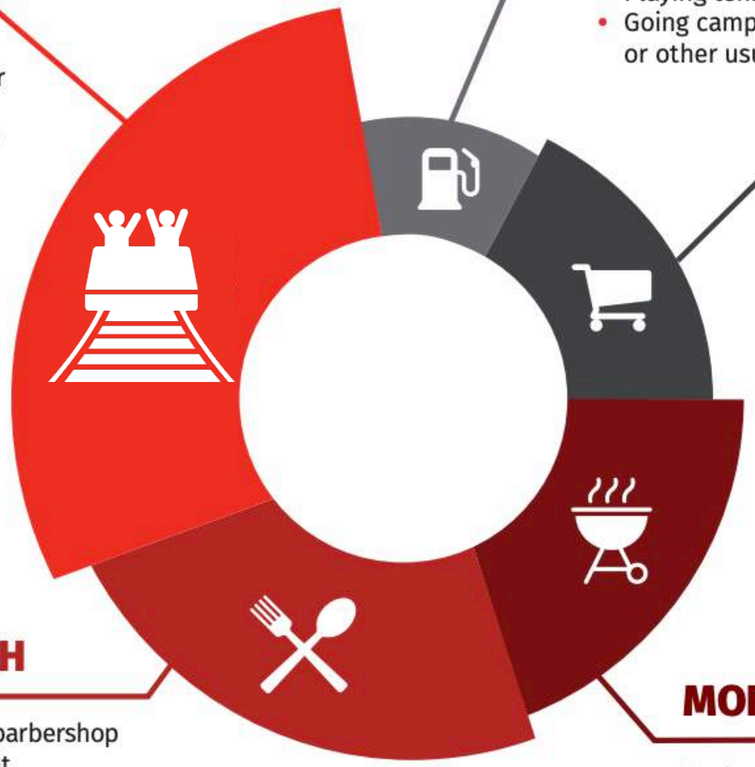
- How many people will you interact with?
- Can you keep 6 feet of space between you and others? Will you be outdoors or indoors?
- What's the length of time that you will be interacting with people?

LOW RISK

- Opening the mail
- Teleworking from your own home
- Getting takeout from a restaurant
- Pumping gasoline
- Playing tennis
- Going camping with your household or other usual close contacts

HIGH RISK

- Eating at a buffet
- Working out at an indoor gym or fitness center
- Going to an amusement park
- Going to a casino
- Going to a movie theater
- Attending a large music concert
- Going to a sports stadium
- Attending events or services with 50+ people
- Going to a bar



MODERATE-LOW

- Grocery shopping
- Going for a walk, run, hike, or bike ride with your household or other usual close contacts
- Playing golf
- Hanging out with your #quaranteam at their house
- Staying at a hotel
- Sitting in a doctor's waiting room
- Going to a library or museum
- Eating outside at a restaurant
- Walking in a busy downtown
- Spending time at a playground

MODERATE-HIGH

- Going to a hair salon or barbershop
- Eating inside a restaurant
- Attending a wedding or funeral
- Traveling by plane
- Playing a close contact sport such as basketball or football

MODERATE

- Dinner party at someone's house with people who are not your usual close contacts
- Attending a backyard barbecue
- Visiting a lake or tubing
- Shopping at a mall
- Sending kids to school, camp, or day care
- Working in an office building
- Swimming in a public pool